



## **Training Plan**

### **General Office, Medical Office, Billing and Coding**

### **9 Months**

#### **Program Information:**

The order and duration of each topic can be adjusted to meet the needs of each individual student. The program is designed to work at the student's pace, allowing them to reach a functional level of usage at a speed that is comfortable for them. However, students must maintain progress and participate to the best of their abilities. The one-on-one instruction during the student's scheduled class time provides an individualized approach to learning, allowing for tailored support and attention. This approach helps to ensure that students can effectively develop the skills and abilities they need

#### **MS Office:**

The Microsoft Office Suite training program focuses on the essential tools used in the business world. Students will learn Word, Excel, PowerPoint, Access, and Outlook, starting with the basics and advancing to more complex concepts. The objective of the course is to equip students with the necessary skills and knowledge to effectively use these programs and increase their job prospects in the market.

#### **Keyboarding/Ten Key:**

The training program involves daily keyboarding practice and occasional 10-key practice. The typing goals for the course are 35 words per minute and 130 characters per minute.

#### **Customer Service:**

The course teaches students how to assist customers with inquiries and problems in call centers, help desks, tele service centers, and online. It covers topics such as user interfaces and behavior, hardware and software systems, customer interaction skills, telephone and email communication, data entry, and database and internet search and retrieval. The aim is to provide students with the skills to effectively assist customers in a frontline customer service role.

#### **Job Search:**

The Job Preparation Service includes creating resumes and cover letters, finding job leads, applying, and interviewing for work, using the skills and resources obtained during the training program.

#### **Medical Office, Billing and Coding:**

The Medical clerical course covers basic medical terminology with daily quizzes, medical billing by completing HCVA-1500 forms on the computer. Upon completion, the student should have a good understanding of basic medical terminology, proficiency in using coding books and online resources to look up codes, and the ability to accurately fill out HCVA-1500 billing forms.

#### **Cost:**

- \$13,050.00 Tuition - Excluding other fees listed, tuition is all-inclusive for \$1,400 per month plus \$50 to ensure internet access is available and not disrupted during plan. Tuition includes a specially configured laptop and devices described at the end of the training plan.
- \$150.00 \$150 Medical Insurance, Billing and Coding Books.
- 250.00 Equipment setup, shipping and securing the start date.



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\$13,300.00 Total

**Week 1**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
MS Office: MS Word: Opening documents, editing, saving

**Week 2**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Roots  
MS Office: MS Word: creating business letters, creating reports  
MS Office: MS Word: Opening documents, editing, saving

**Week 3**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Roots  
Medical Office, Billing and Coding: Medical Suffixes  
MS Office: MS Word: creating business letters, creating reports

**Week 4**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Prefixes  
Medical Office, Billing and Coding: Medical Suffixes  
MS Office: MS Outlook: Creating contact lists, using email, attaching files, calendar scheduling  
MS Office: MS Word: creating business letters, creating reports

**Week 5**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Prefixes  
MS Office: MS Outlook: Creating contact lists, using email, attaching files, calendar scheduling

**Week 6**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Prefixes  
Medical Office, Billing and Coding: Medical Terminology  
MS Office: MS Outlook: Creating contact lists, using email, attaching files, calendar scheduling

**Week 7**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Terminology  
MS Office: MS Outlook: Creating contact lists, using email, attaching files, calendar scheduling

**Week 8**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Abbreviations  
MS Office: MS Excel: Opening documents, editing, saving



**Training Plan**  
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**Week 9**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Health Insurance Introduction  
Medical Office, Billing and Coding: Medical Abbreviations  
MS Office: MS Excel: Opening documents, editing, saving

**Week 10**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Forms, Set 1  
Medical Office, Billing and Coding: Medical Office Careers  
MS Office: Computer: MS Windows basics, security  
MS Office: MS Excel: Opening documents, editing, saving

**Week 11**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Forms, Set 1  
Medical Office, Billing and Coding: Medical Laws & Ethics  
MS Office: Computer: MS Windows basics, security

**Week 12**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Filing  
Medical Office, Billing and Coding: Medical Laws & Ethics  
MS Office: Computer: MS Windows basics, security  
MS Office: MS Access: Data entry into multiple tables

**Week 13**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Filing  
MS Office: MS Access: Data entry into multiple tables

**Week 14**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Forms, Set 2  
Medical Office, Billing and Coding: Types of Health Insurance  
MS Office: MS Access: Data entry into multiple tables  
MS Office: MS Access: Filing: Alphabetic Rules.



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**Week 15**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Medical Forms, Set 3  
Medical Office, Billing and Coding: Types of Health Insurance  
MS Office: MS Access: Filing: Alphabetic Rules.  
MS Office: MS Access: Filing: Complete alphabetic filing rules, numeric filing rules, chronological and subject filing.

**Week 16**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Intro to Medical Coding  
Medical Office, Billing and Coding: The Patient Experience  
MS Office: MS Access: Filing: Final exam  
MS Office: MS Word: creating business letters, creating reports

**Week 17**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Intro to Medical Coding  
Medical Office, Billing and Coding: Textbook Chapter Reviews  
MS Office: MS Word: creating business letters, creating reports

**Week 18**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: CMS 1500 Form Intro  
Medical Office, Billing and Coding: Textbook Chapter Reviews  
MS Office: MS Word: creating business letters, creating reports

**Week 19**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Claim Submission Methods  
MS Office: MS Word: Tabs, Margins, Indents

**Week 20**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: ICD-10-CM Overview  
Medical Office, Billing and Coding: Reimbursement & Compliance  
MS Office: MS Word: creating business letters, creating reports  
MS Office: MS Word: Tabs, Margins, Indents



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#### Week 21

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: ICD-10-CM Coding  
Medical Office, Billing and Coding: ICD-10-CM Overview  
MS Office: MS Excel: Formulas, Formatting  
MS Office: MS Word: creating business letters, creating reports

#### Week 22

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: ICD-10-CM Coding  
MS Office: MS Excel: Formulas, formatting

#### Week 23

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: ICD-10-CM Coding  
MS Office: MS Excel: Formulas, formatting

#### Week 24

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: ICD-10-CM Coding  
MS Office: MS Excel: Formulas, formatting  
MS Office: MS Word: creating business letters, creating reports

#### Week 25

Customer Service: Customer Service: phone etiquette, answering calls, dealing with customers  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: ICD-10-CM Coding  
MS Office: MS Access: Forms and Reports

#### Week 26

Customer Service: Customer Service: phone etiquette, answering calls, dealing with customers  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: CPT & HIPAA Introduction  
Medical Office, Billing and Coding: CPT Modifiers  
MS Office: MS Access: Forms and Reports

#### Week 27

Customer Service: Customer Service: phone etiquette continued, hands on telephone practice  
Customer Service: Customer Service: phone etiquette, answering calls, dealing with customers  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: CPT Evaluation Management  
Medical Office, Billing and Coding: CPT Modifiers  
MS Office: MS Access: Forms and Reports  
MS Office: MS Access: Queries, entering and correcting data in tables



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**Week 28**

Customer Service: Customer Service: phone etiquette continued, hands on telephone practice  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: CPT Coding  
MS Office: MS Access: Queries, entering and correcting data in tables

**Week 29**

Customer Service: Customer Service: phone etiquette continued, hands on telephone practice  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: CPT Coding  
MS Office: MS PowerPoint: Basic presentations

**Week 30**

Customer Service: Customer Service: Entering data from phone calls  
Customer Service: Customer Service: phone etiquette continued, hands on telephone practice  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: CPT Coding  
MS Office: MS PowerPoint: Basic presentations

**Week 31**

Customer Service: Customer Service: Entering data from phone calls  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: CPT Coding  
MS Office: Internet: Using the Internet to perform searches, sending materials via Internet, downloading files  
MS Office: MS PowerPoint: Basic presentations

**Week 32**

Customer Service: Customer Service: Entering data from phone calls  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Coding Chapter Reviews  
Medical Office, Billing and Coding: CPT Coding  
MS Office: Internet: Using the Internet to perform searches, sending materials via Internet, downloading files

**Week 33**

Customer Service: Customer Service: Entering data from phone calls  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: Coding Chapter Reviews  
MS Office: Using Word, Excel and Access together



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**9 Months**

**Week 34**

Customer Service: Customer Service: Entering data from phone calls  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: NCCT Practice Test  
Medical Office, Billing and Coding: NCCT Registration  
MS Office: Using Word, Excel and Access together

**Week 35**

Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: NCCT Online Practice Test  
Medical Office, Billing and Coding: NCCT Registration  
MS Office: Review of MS Office including testing over programs

**Week 36**

Job Search: Job Search activities using the Internet  
Job Search: Resume and Cover letter development  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
Medical Office, Billing and Coding: NCCT Online Practice Test  
MS Office: Review of MS Office including testing over programs

**Week 37**

Job Search: Job Search activities using the Internet  
Job Search: Resume and Cover letter development  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
MS Office: Review of MS Office including testing over programs

**Week 38**

Job Search: Job Search activities using the Internet  
Job Search: Resume and Cover letter development  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial  
MS Office: Review of MS Office including testing over programs

**Week 39**

Job Search: Job Search activities using the Internet  
Job Search: Resume and Cover letter development  
Keyboarding/10-Key: Daily practice using Mavis Teaches Typing Tutorial



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**Equipment Provided by Office Careers:**

The cost of training plans includes the essential equipment needed for remote or onsite classes. Laptops provided by Office Careers are pre-configured for online communication and remote access. To minimize the loss of class days due to technical issues, Office Careers will provide backups and safety features. A secondary monitor, wireless keyboard, and mouse are provided. Office Careers will arrange for internet service, including covering the cost for service in the student's home. The equipment is the property of Office Careers until a student completes their training plan.